

MONDAY  
**13**  
JUNE 2022  
09:00-16:30

VIRTUAL ONE-DAY **CONFERENCE**  
PLATFORM: ZOOM

# Sports injury management

This sports injury conference covers types of injuries from around the body, including their cause and treatment. Attendees will gain a thorough understanding of how to prevent and minimise injuries that occur during sports pursuits.

## **Audience**

This training conference is designed for sports staff, support staff and medical staff who are responsible for managing sports injuries in the school or club setting.

## **Cost**

- Member rate: £185
- Non-member rate: £370\*

[CLICK HERE FOR MORE INFORMATION AND TO BOOK >](#)

\*If you would like to become a member and access discounted rates for Hieda CPD and events, please [click here](#).

# Sports injury management

Monday 13 June, 2022

<b>SESSION</b> <b>1</b>	09:00 – 09:45	<b>Welcome and top 10 sports injuries</b> <ul style="list-style-type: none"><li>Jane Graham, Director, Hieda and Health &amp; Wellbeing Director, BSA Group</li></ul>
	09:45 – 10:00	<b>BREAK</b>
<b>SESSION</b> <b>2</b>	10:00 – 11:00	<b>Limb injuries</b> <ul style="list-style-type: none"><li>Jane Graham, Director, Hieda and Health &amp; Wellbeing Director, BSA Group</li><li>Liz Robson, MSc Physiotherapy, BSc (Hons) Sports Science and Managing Director, R&amp;J Healthcare Ltd</li></ul>
	11:00 – 11:15	<b>BREAK</b>
<b>SESSION</b> <b>3</b>	11:15 – 12:15	<b>Head and neck injuries</b> <p>Chair: Jane Graham, Director, Hieda and Health &amp; Wellbeing Director, BSA Group</p> <ul style="list-style-type: none"><li>Dr Sam Barke, Head of Sports Medicine, Meliora Medical Group</li></ul>
	12:15 – 13:15	<b>LUNCH</b>
<b>SESSION</b> <b>4</b>	13:15 – 14:15	<b>Acute musculoskeletal assessment - dealing with common injuries well</b> <p>Chair: Jane Graham, Director, Hieda and Health &amp; Wellbeing Director, BSA Group</p> <ul style="list-style-type: none"><li>Dr Sam Barke, Head of Sports Medicine, Meliora Medical Group</li></ul>
	14:15 – 14:30	<b>BREAK</b>
<b>SESSION</b> <b>5</b>	14:30 – 15:30	<b>Strapping and taping</b> <p>Chair: Jane Graham, Director, Hieda and Health &amp; Wellbeing Director, BSA Group</p> <ul style="list-style-type: none"><li>Liz Robson, MSc Physiotherapy, BSc (Hons) Sports Science and Managing Director, R&amp;J Healthcare Ltd</li></ul>
	15:30 – 15:45	<b>BREAK</b>
<b>SESSION</b> <b>6</b>	15:45 – 16:30	<b>Sports first aid</b> <ul style="list-style-type: none"><li>Jane Graham, Director, Hieda and Health &amp; Wellbeing Director, BSA Group</li></ul> <p><b>CONFERENCE CLOSE</b></p>



**Jane Graham**  
Director, Hieda  
and Health & Wellbeing Director,  
BSA Group



**Liz Robson**  
MSc Physiotherapy, BSc (Hons)  
Sports Science and Managing  
Director, R&J Healthcare Ltd



**Dr Sam Barke**  
Head of Sports Medicine,  
Meliora Medical Group

First Floor, 27 Queen Anne's Gate, London, UK, SW1H 9BU  
+44 (0)20 7798 1588  
[info@hieda.org.uk](mailto:info@hieda.org.uk)

#bsaconf2022