

MONDAY 13 JUNE 2022 09:00-16:30

VIRTUAL ONE-DAY CONFERENCE PLATFORM: ZOOM

## Sports injury management

This sports injury conference covers types of injuries from around the body, including their cause and treatment. Attendees will gain a thorough understanding of how to prevent and minimise injuries that occur during sports pursuits.

### **Audience**

This training conference is designed for sports staff, support staff and medical staff who are responsible for managing sports injuries in the school or club setting.

### Cost

- Member rate: £185
- Non-member rate: £370\*

CLICK HERE FOR MORE **INFORMATION** AND TO **BOOK** >



# Sports injury management

## Monday 13 June, 2022

SESSION

09:00 – 09:45 Welcome and top 10 sports injuries

• Jane Graham, Director, Hieda and Health & Wellbeing Director, BSA Group

09:45 – 10:00 **BREAK** 

SESSION 2

10:00 – 11:00 **Limb injuries** 

• Jane Graham, Director, Hieda and Health & Wellbeing Director, BSA Group

• Liz Robson, MSc Physiotherapy, BSc (Hons) Sports Science and Managing Director, R&J Healthcare Ltd

11:00 – 11:15 **BREAK** 

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11:15 – 12:15 Head and neck injuries

Chair: Jane Graham, Director, Hieda and Health & Wellbeing Director, BSA Group

• Dr Sam Barke, Head of Sports Medicine, Meliora Medical Group

12:15 – 13:15 **LUNCH** 

SESSION

13:15 – 14:15 Acute musculoskeletal assessment - dealing with common injuries well

Chair: Jane Graham, Director, Hieda and Health & Wellbeing Director, BSA Group

• Dr Sam Barke, Head of Sports Medicine, Meliora Medical Group

14:15 – 14:30 **BREAK** 

SESSION

14:30 – 15:30 Strapping and taping

Chair: Jane Graham, Director, Hieda and Health & Wellbeing Director, BSA Group

• Liz Robson, MSc Physiotherapy, BSc (Hons) Sports Science and Managing Director, R&J Healthcare Ltd

15:30 – 15:45 **BREAK** 

SESSION 6

15:45 – 16:30 **Sports first aid** 

• Jane Graham, Director, Hieda and Health & Wellbeing Director, BSA Group

CONFERENCE CLOSE



**Jane Graham**Director, Hieda
and Health & Wellbeing Director,
BSA Group



**Liz Robson**MSc Physiotherapy, BSc (Hons)
Sports Science and Managing
Director, R&J Healthcare Ltd



**Dr Sam Barke** Head of Sports Medicine, Meliora Medical Group

First Floor, 27 Queen Anne's Gate, London, UK, SW1H 9BU +44 (0)20 7798 1588 info@hieda.org.uk